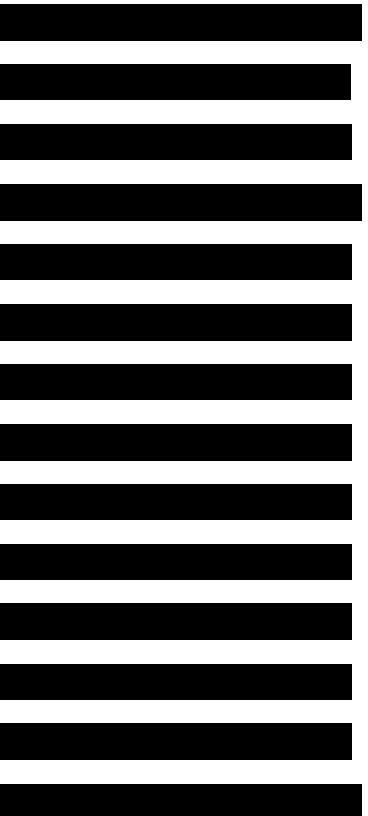




# August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27 10:00am Online Church 6:00pm <b>The Power Sisters</b> 	28 9:00am 20 min fitness 10:30am Curling 2:30pm <b>BINGO</b> 3:45pm Armchair Yoga 	29 9:00am 20 min fitness 10:30am Laundry Helpers 2:00pm <b>WHEEL OF FORTUNE</b> 3:00pm Bible Study 6:00pm <b>BINGO</b> 3:30pm Skip-Bo/Crib/120's	30 9:00am 20 min fitness 2:00pm Bean Bag Toss 3:30pm Bible Study 6:00pm <b>BINGO</b>	31 9:00am 20 min fitness 9:30am Knitting Group 10:30am Online Service 2:00pm Shuffleboard 3:30pm Skip-Bo/Crib/120's	1 9:00am 20 min fitness 9:30am Helping hands 10:30am Bowling <b>2:00pm Millie Didham</b> 3:30pm Armchair Yoga	2 9:00am 20 min fitness 2:00pm <b>BINGO</b> 7:00pm Karaoke
3 10:00am Online Church 2:00pm Ice Cream Social 	4 9:00am 20 min fitness 10:30am Menu Committee 2:30pm Ladder Ball 3:45pm Armchair Yoga	5 9:00am 20 min fitness 10:30am Heritage Hatchets 2:00pm <b>C &amp; R Music</b> 3:30pm 120's/crib/Skip-Bo	6 9:00am 20 min fitness 2:00pm Bowling 3:30pm Bible Study 6:00pm <b>BINGO</b>	7 9:00am 20 min fitness 9:30am Knitting Group 10:30am Online Service 2:00pm <b>Bus Trip</b> 3:30pm 120's/crib/Skip-Bo	8 <b>9:00am</b> 20 min fitness 9:30am Helping Hands 10:30am balloon volley 2:00pm <b>BINGO</b> 3:30pm Armchair Yoga 6:30pm Primetime Gospel	9 9:00am 20 min fitness 2:00pm Curling  7:00pm Karaoke
10 10:00am Online Church 2:00pm Ice Cream Social 	11 9:00am 20 min fitness 10:15pm Fire Safety 10:30am August Craft 2:00pm <b>Senior Sounds</b> 3:45pm Armchair Yoga	12 9:00am 20 min fitness 10:30am Laundry Helpers 2:00pm <b>The Sunshine Squad</b> 3:30pm 120's/crib/Skip-Bo	13 9:00am 20 min fitness <b>2:00pm Birthday Bash w/Music &amp; Friends</b> 3:30pm Bible Study 6:00pm <b>BINGO</b>	14 <b>9:00am</b> 20 min fitness 9:30am Knitting Group 10:30am Online Service 2:00pm <b>St Edwards RC Mass</b> 3:30pm 120's/crib/Skip-Bo	15 <b>9:00am</b> 20 min fitness 9:30am Helping Hands 10:30am Bowling <b>1:30pm The Roses</b> <b>Family Day</b> 6:30pm Primetime Gospel	16 9:00am 20 min fitness 2:00pm <b>BINGO</b> 7:00pm Karaoke
17 10:00am Online Church 2:00pm <b>Joe &amp; Da B'y's</b> 	18 9:00am 20 min fitness 10:30am Ladder Ball 2:00pm <b>Shawn Bishop</b> 3:45pm Armchair Yoga	19 9:00am 20 min fitness 10:30am Heritage Hatchets 2:00pm Ageless Grace 3:30pm 120's/crib/Skip-Bo	20 9:00am 20 min fitness 2:00pm bean bag toss 3:30pm Bible Study 6:00pm <b>BINGO</b>	21 9:00am 20 min fitness 9:30am Knitting Group 10:30am Online Service <b>2:00pm George Bishop</b> 3:30pm 120's/crib/Skip-Bo	22 <b>9:00am</b> 20 min fitness 9:30am Helping Hands 10:30am Bowling 2:00pm <b>BINGO</b> 3:30pm Armchair Yoga 6:30pm Primetime Gospel	23 9:00am 20 min fitness 2:00pm Ice Cream Social 
24 10:00am Online Church <b>6:00pm The Power Sisters</b> 	25 9:00am 20 min fitness 10:30am Curling 2:30pm <b>WHEEL OF FORTUNE</b> 3:45pm Armchair Yoga	26 9:00am 20 min fitness 10:30am Laundry Helpers 2:00pm Shuffleboard 3:30pm 120's/crib/Skip-Bo	27 9:00am 20 min fitness <b>2:00pm Sing With Steve</b> 3:30pm Bible Study 6:00pm <b>BINGO</b>	28 9:00am 20 min fitness 9:30am Knitting Group 10:30am Online Service 2:00pm <b>Ageless Grace</b> 3:30pm 120's/crib/Skip-Bo	29 <b>9:00am</b> 20 min fitness 9:30am Helping Hands 10:30am Bowling 2:00pm <b>BINGO</b> 3:30pm Armchair Yoga 6:30pm Primetime Gospel	30 9:00am 20 min fitness 2:00pm bean bag toss 7:00pm Karaoke

## Birthdays in August



## Staff Birthdays



Happy Birthday to you,  
Happy Birthday to you,  
Happy Birthday to you!



# Heritage News



😊 😊 Congratulations to Marlene Thorne for being August Employee of the month. 😊 😊

## Character Traits

I	E	L	U	F	R	E	D	N	O	W	C	B	M
R	B	C	B	H	N	A	T	E	E	E	N	R	L
C	H	A	R	A	C	T	E	R	X	A	M	I	A
S	O	R	A	K	M	I	R	W	C	O	A	L	C
R	A	E	K	E	I	M	W	A	I	C	A	L	E
E	E	F	E	E	N	N	R	S	T	E	Y	I	V
I	I	U	E	I	I	R	D	B	I	N	S	A	A
N	R	L	G	E	N	T	L	E	N	I	S	N	R
A	K	N	I	H	T	L	I	S	G	C	O	T	B
E	T	R	E	L	I	A	B	L	E	E	B	C	E
M	E	V	I	G	R	O	F	W	S	W	E	E	T
F	A	I	R	N	E	S	S	B	R	I	M	O	G
A	C	N	R	U	O	S	U	O	R	O	M	U	H
B	C	E	N	C	C	O	M	M	U	N	I	T	Y

SWEET  
EXCITING  
THINK  
KIND  
SAFE  
HUMOROUS  
FAIRNESS  
CALM  
RELIABLE  
BRILLIANT  
WONDERFUL  
MEAN  
COMMUNITY  
GENTLE  
FORGIVE  
CAREFUL  
NICE  
BRAVE  
CHARACTER  
BOSSY

## Doctor Details

Dr. Verge is available for appointments in August.

If you would like an appointment with Dr. Verge, please let Claire know.

If you do not have an appointment, then you will not be seen.

**Live Music is in red**

**Live church services are in green**

**Please Note:** This schedule may change please check data screens daily for any new activities or cancellations.

## Attention Residents:

Anyone interested in doing a Bus trip to Bergs Ice cream Aug 7 please register with Karen by August 4.

