



May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:30am Online Church 2:00pm Joe & Da B'ys 	1 9:00am 20 min fitness 10:30pm Bowling 2:30pm BINGO	2 9:00am 20 min fitness 10:30am Heritage Sing 2:00pm Bean Bag toss 3:30pm Arm Chair Yoga 7:00pm Cloudberryes	3 9:00am 20 min fitness 2:00pm Ping Pong Pairs 3:30pm Bible Study 6:00pm BINGO	4 9:00am 20 min fitness 9:30am Knitting Group 10:30am Online Service 2:00pm Shuffle board 3:30pm Arm Chair Yoga	5 9:00am 20 min fitness 9:30am Helping Hands 10:45am St Thomas Villa 3:30pm Bingo 6:30pm Hope Pentecostal	6 9:00am 20 min fitness 10:30pm Ladder Ball 1:30pm Gus & Doreen 
7 10:30am Online Church 2:00pm The Roses 	8 9:00am 20 min fitness 10:30pm Curling 2:30pm Fascinator Hat Craft	9 9:00am 20 min fitness 10:30am Heritage Sing 2:00pm Bean Bag toss 3:30pm Arm Chair Yoga	10 9:00am 20 min fitness 2:00pm Washers 3:30pm Bible Study 6:00pm BINGO	11 9:00am 20 min fitness 10:30am Online Service 2:00pm Shuffle board 3:30pm Arm Chair Yoga 7:00pm Overpass	12 9:00am 20 min fitness 9:30am Helping Hands 10:30am Bowling 2:00pm BINGO	13 9:00am 20 min fitness 10:30pm Ladder Ball 1:30-3:00pm Mother's day High tea
14 Mother's day 10:30am Online Church 2:00pm Ice Cream Social 	15 9:00am 20 min fitness 10:00am Bean Bag toss 11:00am Planting Seeds 2:30pm Menu Committee 3:00pm Fire Safety	16 9:00am 20 min fitness 10:30am Heritage Sing 2:00pm All Saints 3:30pm Arm Chair Yoga	17 9:00am 20 min fitness 2:00pm Ping Pong Pairs 3:30pm Bible Study 6:00pm Brian Finn	18 9:00am 20 min fitness 9:30am Knitting Group 10:30am St Peters Church 2:00pm Shuffle board 3:30pm Arm Chair Yoga	19 9:00am 20 min fitness 9:30am Helping Hands 10:30am Bowling 2:00pm BINGO	20 9:00am 20 min fitness 10:30pm Ladder Ball 2:00pm Patrick Burke 
21 10:30am Online Church 2:00pm Ice Cream Social 	22 	23 9:00am 20 min fitness 10:30am Heritage Sing 2:00pm Victoria day BBQ with Music & friends	24 9:00am 20 min fitness 2:00pm Washers 3:30pm Bible Study 6:00pm BINGO	25 9:00am 20 min fitness 10:30am Online Service 2:30pm Sing w/Steve 6:00pm Mary Power's Birthday Bash	26 9:00am 20 min fitness 9:30am Helping Hands 10:30am Bowling 2:00pm BINGO	27 9:00am 20 min fitness 10:30pm Ladder Ball 2:00pm Ice Cream Social 
28 10:30am Online Church 2:00pm Joe & Da B'ys 	29 9:00am 20 min fitness 10:30am Curling 2:30pm Salvation Army Service	30 9:00am 20 min fitness 10:30am Heritage Sing 2:00pm Just the 2 of us 3:30pm Arm Chair Yoga	31 9:00am 20 min fitness 2:00pm Ping Pong Pairs 3:30pm Bible Study 7:00pm Revive Church	1 9:00am 20 min fitness 9:30am Knitting Group 10:30am Online Service 2:00pm Shuffle board	2 9:00am 20 min fitness 9:30am Helping Hands 10:30am Bowling 2:00pm BINGO	3 9:00am 20 min fitness 10:30pm Ladder Ball 2:00pm Ice Cream Social 

Heritage News *Walking group will be going out every fine day at 1:15. Meet you in the Lobby*

😊😊 Congratulations to Jo Jo Basabe for being Employee of the month.



Birthdays in May

Eleanor Nolan	05/05
Lena Cave	05/15
Tony Chaytor	05/19
Rod Keeping	05/19
Olive Ida Barrett	05/21
Verena Fanning	05/24
Beatrice Pitcher	05/24
Violet Mercer	05/31

Staff Birthdays

Carly Whitten	05/07
Ed Carey	05/18
Sandra Bauer	05/23
Jessica Porto	05/24
Vicki Lush	05/26
Adam Fagan	05/25
Reg Atienza	05/27

Mother's Day

R I G Y A M C Y N V N H P Z O M K P Q P
 E R I K N R H L G D X G W U M K A F S I
 A F V S K X I X A U I U B Y O R O S W B
 D U I M R J L U P I B A E F E U G Y K L
 I J N I H C D I G U C L A N R U L Y Y W
 A V G D T E R N N Y W E T N H I L O Q V
 Y N N U F E E C I G Y J P N O I E C V F
 M O T H E R N Q R P S P O S M S D N N E
 K C V M K U Y X A F M K P A G A R A D Z
 B Z A H F K I T C O Y G F A U W C D Q Z
 K T G Y H B T M M Q M P X G H W P W K O
 Y V U X A T V O S V O A H U L F T V V U
 Z F Q V P K D G E T H T N L B L G X T Z
 K I N D U W I K H G E T O T I K E O F C
 P G Q K U J K I S R E W O L F T Q L Z V



CARING CHILDREN DAUGHTER FAMILY FLOWERS	FRIEND FUNNY GIVING HAPPY HUGS	KIND LAUGH LOVE MAY MOM	MOTHER PARENT READ SON SPECIAL
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Doctor Details

Dr. Verge is available for appointments on May 2nd and May 16th and 30th.

If you would like an appointment with Dr. Verge, please let Jane know by the Friday before.

If you do not have an appointment then you will not be seen.

Please Note: This schedule may change please check data screens daily for any new activities or cancellations.